# Bananas

This is Heading 1 because it is the title and main topic.

## History

This is Heading 2 because it is a sub-topic directly related to the Heading 1 topic: Bananas.

## Cultivation

This is Heading 2 as well because it is a new sub-topic of the Heading 1 topic describing the Cultivation of Bananas.

### Growing Conditions

This is a Heading 3 topic because it is a sub-topic of the previous Heading 2 topic: Cultivation.

### Pruning

This is a Heading 3 topic because it is also a sub-topic of the previous Heading 2 topic: “Cultivation”. If it had been a topic related to “Growing Conditions”, we would have used the Heading 4 style as you will see in the next section.

## Physical Description

This is a Heading 2 because it is a sub-topic of the Heading 1 topic: Bananas and not another sub-topic of the previous Heading 2 topic: Cultivation.

### Trunk

This is a Heading 3 because it is a sub-topic of the previous Heading 2 topic: Physical Description.

#### Size

This is a Heading 4 because it is a sub-topic of the previous Heading 3 topic: Trunk.

#### Colour

This is Heading 4 because it is also a sub-topic of the previous Heading 3 topic: Trunk.

### Fruit

This is a Heading 3 because it is a sub-topic of the Heading 2 topic: Physical Description. We are no longer describing the Leaves, so we move back up to a Heading 3.

#### Size

This is a Heading 4 because it is a sub-topic of the previous Heading 3 topic: Fruit.

#### Colour

This is a Heading 4 because it is also a sub-topic of the previous Heading 3 topic: Fruit.

## Conclusion

This is a Heading 2. We have gone back to Heading 2 because this topic is directly related to the Heading 1 topic: Bananas, and not a subtopic of the previous Heading 2 topic.